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A NOVEL ITERATIVE TIME INTEGRATION SCHEME FOR LINEAR POROELASTICITY*

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Abstract. Within this paper, we introduce and analyze a novel time-stepping scheme for linear poroelasticity. In each time frame, we iteratively solve the flow and mechanics equations with an additional damping step for the pressure variable. Depending on the coupling strength of the two equations, we explicitly quantify the required number of inner iteration steps to guarantee first-order convergence. By a number of numerical experiments we confirm the theoretical results and study the dependence of the inner iteration steps in terms of the coupling strength. Moreover, we compare our method to the well-known fixed-stress scheme.

Key words. poroelasticity, semi-explicit time discretization, decoupling, iterative scheme

AMS subject classifications. 65M12, 65M20, 65L80, 76S05

1. Introduction. The equations of poroelasticity appear in various fields such as in geomechanics, modeling porous rocks [11, 35], or in medical applications, modeling soft tissue [26, 27]. The mathematical model, also called Biot's consolidation model, was introduced in [9] and describes the dynamics of an elastic solid containing pores which are filled with a liquid. Hence, it involves a coupled system with one equation for the elastic deformation of the solid under physical stress and a second equation for the flow of the liquid arising from pressure gradients.

In this paper, we focus on the time discretization of the spatially discretized poroelasticity model. For details on the spatial discretization we refer to [15, 20, 23, 24, 25] and the references therein. Related space-time approaches were considered in [5, 7]. A direct application of the implicit Euler scheme results in an unconditionally stable first-order method [13]. In each time step, however, it requires the solution of a large (coupled) linear system. Especially in three-dimensional applications, this may become a severe computational challenge. For this reason, recent work has focused on the search of more efficient methods. Iterative schemes, for instance, decouple the equations in the sense that either the flow or the mechanics equation are solved first, followed by the solution of the remaining problem [22, 33]. This is referred to as fixed-strain, fixed-stress, drained split, or undrained split. All these methods have in common that the system is split into two smaller subsystems for which well-known preconditioners can be applied [20]. Unfortunately, the required number of inner iteration steps is unknown, and the methods partially exhibit stability problems calling for a problem-specific tuning; cf. [18, 19, 31].

Yet another decoupling approach is the semi-explicit Euler method introduced in [1, 2]; see also the related splitting strategy [32]. Here, no inner iteration is needed, but the scheme is only stable if the coupling of the mechanics and the flow equation is sufficiently *weak*, which is expressed in terms of the material parameters. In contrast to the mentioned iterative schemes, however, it can also be generalized to construct higher-order schemes [3].

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This paper is devoted to a novel time-integration scheme which combines the iterative idea with the semi-explicit approach. More precisely, we consider an iterative scheme with an a priori specified number of inner iteration steps depending on the coupling strength of the elastic and the flow equation. This then yields a very efficient time-stepping scheme for problems with a moderate coupling, which includes most geomechanical applications. The construction of the scheme is based on the semi-explicit Euler scheme extended with an inner fixed-point iteration and a relaxation step. While the convergence of the scheme for an unlimited number of inner iteration steps can be shown easily, we prove an explicit upper bound for the number of iterations needed to guarantee first-order convergence.

This paper is organized as follows. In Section 2 we recall the equations of linear poroelasticity and introduce the parameter ω , which measures the coupling strength of the elastic and the flow equation. Afterwards, we summarize known time-stepping schemes for the semi-discrete equations in Section 3. Moreover, we introduce the novel iterative scheme including a damping step for the pressure variable. The proof of convergence is then subject of Section 4. Here, we present explicit bounds for the number of inner iteration steps in terms of the coupling parameter. Finally, we present three numerical examples in Section 5 proving the competitiveness of the proposed scheme.

Notation. As usual, $\|v\|$ denotes the Euclidean norm of a vector v. Moreover, we write $\|v\|_{\mathbf{M}}^2 = (\mathbf{M}v, v) = \|\mathbf{M}^{1/2}v\|^2$ for a symmetric and positive definite matrix \mathbf{M} . Here, $\mathbf{M}^{1/2}$ is the square root of the matrix \mathbf{M} , which is again symmetric and positive definite. For vector-valued functions, we write $\|v\|_{L^{\infty}(\mathbf{M})}$ for the maximum (over time) of $\|v(t)\|_{\mathbf{M}}$.

- **2. Preliminaries.** In this preliminary section we introduce the equations of poroelasticity, including the *coupling parameter*, which plays a key role in this paper. Afterwards, we shortly discuss the spatial discretization of the system equations.
- **2.1. Linear poroelasticity and its weak formulation.** We consider a bounded Lipschitz domain $\Omega \subseteq \mathbb{R}^m$, $m \in \{2,3\}$, as computational domain as well as a bounded time interval [0,T] with T>0. The quasi-static Biot poroelasticity model [9,11,29] reads as follows: find the deformation $u:[0,T]\times\Omega\to\mathbb{R}^m$ and the pressure $p:[0,T]\times\Omega\to\mathbb{R}$ satisfying

$$\begin{split} -\nabla \cdot \sigma(u) + \alpha \nabla p &= \hat{f} \qquad \text{in } (0,T] \times \Omega, \\ \partial_t \left(\alpha \nabla \cdot u + \frac{1}{M} p \right) + \nabla \cdot \left(\frac{\kappa}{\nu} \nabla p \right) &= \hat{g} \qquad \text{in } (0,T] \times \Omega. \end{split}$$

Therein,

$$\sigma(u) = 2\mu\,\varepsilon(u) + \lambda\left(\nabla\cdot u\right) \text{ id} \qquad \text{with} \qquad \varepsilon(u) = \tfrac{1}{2}\left(\nabla u + (\nabla u)^*\right)$$

denotes the stress tensor of the solid with the Lamé coefficients λ and μ . The remaining parameters are the Biot–Willis fluid-solid coupling coefficient α , the Biot modulus M describing how compressible the fluid is under pressure, the intrinsic permeability κ , and the fluid viscosity ν . The right-hand sides model the external influence on the system. More precisely, \hat{f} denotes the volumetric load and \hat{g} the fluid source.

For the well-posedness of the system, we further assume given initial data

$$u(0, \bullet) = u^0, \qquad p(0, \bullet) = p^0$$

satisfying the consistency condition $-\nabla \cdot \sigma(u^0) + \alpha \nabla p^0 = \hat{f}(0)$ as well as boundary conditions. Within this paper, we restrict ourselves to homogeneous Dirichlet boundary conditions for u and for p. Results on the unique solvability of the system are discussed in [29].

For the weak formulation of the poroelastic equations, we introduce the function spaces

$$\mathcal{V}\coloneqq \left[H^1_0(\Omega)\right]^m, \qquad \mathcal{H}_{\mathcal{V}}\coloneqq \left[L^2(\Omega)\right]^m, \qquad \mathcal{Q}\coloneqq H^1_0(\Omega), \qquad \mathcal{H}_{\mathcal{Q}}\coloneqq L^2(\Omega).$$

We pair \mathcal{V} with the norm $\|\nabla \cdot\| := \|\nabla \cdot\|_{[L^2(\Omega)]^{m,m}}$, for which the positive definiteness follows from the assumed homogeneous boundary conditions. We further introduce the bilinear forms

$$a: \mathcal{V} \times \mathcal{V} \to \mathbb{R}, \quad b: \mathcal{Q} \times \mathcal{Q} \to \mathbb{R}, \quad c: \mathcal{H}_{\mathcal{Q}} \times \mathcal{H}_{\mathcal{Q}} \to \mathbb{R}, \quad \text{and} \quad d: \mathcal{V} \times \mathcal{H}_{\mathcal{Q}} \to \mathbb{R}$$

by

$$\begin{split} a(u,v) &\coloneqq \int_{\Omega} \sigma(u) : \varepsilon(v) \, \mathrm{d}x, \qquad b(p,q) \coloneqq \int_{\Omega} \frac{\kappa}{\nu} \, \nabla p \cdot \nabla q \, \mathrm{d}x, \\ c(p,q) &\coloneqq \int_{\Omega} \frac{1}{M} \, p \, q \, \mathrm{d}x, \qquad d(u,q) \coloneqq \int_{\Omega} \alpha \, (\nabla \cdot u) \, q \, \mathrm{d}x, \end{split}$$

for $u,v\in\mathcal{V}$ and $p,q\in\mathcal{Q}$. Note that the bilinear forms a,b, and c are symmetric and coercive with corresponding constants c_a,c_b , and c_c , respectively. For a, which includes the classical double dot notation from continuum mechanics, this follows from Korn's inequality; see [10, Thm. 6.3-4. (iv)]. Moreover, all four bilinear forms are bounded with stability constants denoted by C_a, C_b, C_c , and C_d , respectively. In particular, we have $d(u,q) \leq C_d \|u\|_{\mathcal{V}} \|q\|_{\mathcal{H}_{\mathcal{Q}}}$ and, using integration by parts, also $d(u,q) \leq C_d \|u\|_{\mathcal{H}_{\mathcal{V}}} \|q\|_{\mathcal{Q}}$.

Then the weak formulation of linear poroelasticity seeks abstract functions $u \colon [0,T] \to \mathcal{V}$ and $p \colon [0,T] \to \mathcal{Q}$ such that

(2.1a)
$$a(u,v) - d(v,p) = \langle \hat{f}, v \rangle,$$

(2.1b)
$$d(\dot{u},q) + c(\dot{p},q) + b(p,q) = \langle \hat{g}, q \rangle,$$

for all $t \in [0,T]$ and test functions $v \in \mathcal{V}$ and $q \in \mathcal{Q}$ that do not depend on time. Here, $\langle \bullet, \bullet \rangle$ denotes the duality pairing in \mathcal{V} and \mathcal{Q} , respectively. The system is complemented by appropriate initial conditions. In the case $\alpha = 0$, the system decouples into an elliptic and a parabolic equation.

2.2. Coupling parameter. For the simulation of poroelasticity, the coupling strength of the elliptic and parabolic equation plays an important role. For instance, certain time-stepping schemes only converge for problems that are weakly coupled; see [2, 3, 18]. One possible measure of the strength reads

$$\tilde{\omega} \coloneqq \frac{C_d^2}{c_a c_c},$$

which is motivated, e.g., by the convergence analysis presented in [2]. Following [10, Sect. 6.3], we have, due to the assumed boundary conditions, $2 \|\varepsilon(v)\|^2 = \|\nabla v\|^2 + \|\nabla \cdot v\|^2_{\mathcal{H}_{\mathcal{Q}}}$, and hence,

$$a(v,v) = \int_{\Omega} \sigma(v) : \varepsilon(v) \, dx = 2\mu \|\varepsilon(v)\|^2 + \lambda \left(\nabla \cdot v \, \mathrm{id}, \varepsilon(v)\right)$$
$$= \mu \|v\|_{\mathcal{V}}^2 + (\mu + \lambda) \|\nabla \cdot v\|_{\mathcal{H}_{\mathcal{Q}}}^2.$$

This implies $c_a \geq \mu$. Together with $\|\nabla \cdot v\|_{\mathcal{H}_{\mathcal{Q}}}^2 \leq m \|v\|_{\mathcal{V}}^2$, where m is again the dimension of the computational domain, this yields $\tilde{\omega} \leq m \, \alpha^2 M/\mu$. In particular, this constant satisfies $d(v,q) \leq \sqrt{\tilde{\omega}} \, \|v\|_a \|q\|_c$ with the problem-dependent norms $\|\bullet\|_a^2 \coloneqq a(\bullet,\bullet)$ and $\|\bullet\|_c^2 \coloneqq c(\bullet,\bullet)$.

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TABLE 2.1

Parameters for three materials, namely Westerly granite [11], shale [34] (in combination with water), and brain matter [26].

parameter	unit	Westerly granite	shale	brain matter
λ	N/m^2	1.5×10^{10}	1.0×10^{10}	5.4×10^{4}
μ	N/m^2	1.5×10^{10}	1.0×10^{10}	5.5×10^2
α		0.47	0.92	1
κ/ u	$m^4/(Ns)$	4.0×10^{-16}	5.8×10^{-14}	1.6×10^{-9}
\dot{M}	$ m N/m^2$	7.64×10^{10}	9.5×10^{10}	2.6×10^3
ω		0.56	4.02	0.05

The choice of the parameter $\tilde{\omega}$ is reasonable for general elliptic-parabolic problems. In the particular case of poroelasticity, however, we can exploit the special structure of the bilinear forms to improve this measure. Due to $(\mu + \lambda) \|\nabla \cdot v\|_{\mathcal{H}_{\mathcal{O}}}^2 \leq a(v,v)$, we obtain the estimate

(2.2)
$$d(v,q) \le \alpha \|\nabla \cdot v\|_{\mathcal{H}_{\mathcal{Q}}} \|q\|_{\mathcal{H}_{\mathcal{Q}}} \le \frac{\alpha \sqrt{M}}{\sqrt{\lambda + \mu}} \|v\|_a \|q\|_c.$$

This motivates us to define the *coupling parameter* ω as

$$\omega \coloneqq \frac{\alpha^2 M}{\mu + \lambda}.$$

In the field of geomechanics, M and the Lamé coefficients are usually of similar magnitude, while α is bounded from above by 1. Hence, ω is expected to be in the range of 1. In medical applications such as brain matter simulations, there is a wide range of physical constants. Some make the assumption that $1/M \ll 1$, meaning that the material is almost incompressible; cf. [12]. This, in turn, implies that ω is very large. Three particular examples for the coupling strength are collected in Table 2.1.

2.3. Spatial discretization. We close this section with a short discussion of the spatial discretization using (conforming) finite elements and refer to [13] for further details. Within [13] it is suggested to use for the displacement piecewise polynomials of one degree higher than that for the pressure. The most common choice is the lowest-order case, which considers the discrete spaces

$$V_h := \mathcal{V} \cap [\mathcal{P}_2(\mathcal{T})]^m, \qquad Q_h := \mathcal{Q} \cap \mathcal{P}_1(\mathcal{T}),$$

with \mathcal{T} denoting a regular triangulation of the computational domain Ω and $\mathcal{P}_{\ell}(\mathcal{T})$ the space of piecewise polynomials of degree ℓ corresponding to this mesh. Hence, the displacement is approximated by continuous piecewise quadratics, whereas continuous piecewise linears are used for the pressure. Using the same notation for the semi-discrete variables as in the continuous setting, the finite element discretization results in a system of the form

(2.3)
$$\begin{bmatrix} 0 & 0 \\ \mathbf{D} & \mathbf{C} \end{bmatrix} \begin{bmatrix} \dot{u} \\ \dot{p} \end{bmatrix} = \begin{bmatrix} -\mathbf{A} & \mathbf{D}^T \\ 0 & -\mathbf{B} \end{bmatrix} \begin{bmatrix} u \\ p \end{bmatrix} + \begin{bmatrix} f \\ g \end{bmatrix}.$$

Therein, the matrices $\mathbf{A} \in \mathbb{R}^{n_u,n_u}$, $\mathbf{B}, \mathbf{C} \in \mathbb{R}^{n_p,n_p}$, and $\mathbf{D} \in \mathbb{R}^{n_p,n_u}$ are the discrete versions of the bilinear forms a,b,c, and d, respectively. Moreover, the right-hand sides \hat{f} and \hat{g} result in the vector-valued functions $f: [0,T] \to \mathbb{R}^{n_u}$ and $g: [0,T] \to \mathbb{R}^{n_p}$.

REMARK 2.1 (Differential-algebraic structure). Regardless of the particular method used for the spatial discretization, the leading matrix on the left-hand side of (2.3) is singular.

Hence, the semi-discretized poroelasticity model equals a system of differential-algebraic equations; see also [4]. The discrete version of the consistency condition for the initial data reads $\mathbf{A}u^0 - \mathbf{D}^T p^0 = f(0)$ and will be assumed throughout this paper.

In the following, we are not restricted to the mentioned finite element scheme of piecewise quadratics combined with piecewise linears. We only assume a conforming discretization such that the semi-discrete system has the form (2.3) with matrices A, B, and C being symmetric and positive definite as well as D having full (row) rank.

REMARK 2.2 (Coupling strength). Considering a conforming finite element discretization, the discrete counterpart of the estimate (2.2) reads

$$q^T \mathbf{D} v \leq \sqrt{\omega} \|v\|_{\mathbf{A}} \|q\|_{\mathbf{C}}$$

for all (coefficient) vectors $v \in \mathbb{R}^{n_u}$, $q \in \mathbb{R}^{n_p}$. This, in turn, implies the estimate

$$\rho(\mathbf{C}^{-1}\mathbf{D}\mathbf{A}^{-1}\mathbf{D}^T) \le \|\mathbf{C}^{-1}\mathbf{D}\mathbf{A}^{-1}\mathbf{D}^T\|_{\mathbf{C}} \le \omega,$$

which will be applied several times in the upcoming analysis.

3. Time-stepping schemes. This section is devoted to the temporal discretization of the semi-discrete system (2.3). After a short survey of well-known time-stepping methods, we introduce a novel approach in the intersection of semi-explicit and iterative schemes.

For all time-stepping schemes we consider an equidistant decomposition of the time interval [0,T] with step size τ . The resulting discrete time points are denoted by $t^n=n\tau$, for $0 \le n \le N$. Moreover, approximations of $u(t^n)$ and $p(t^n)$ are denoted by u^n and p^n , respectively. In the same manner, we write $f^n := f(t^n) \in \mathbb{R}^{n_u}$ and $g^n := g(t^n) \in \mathbb{R}^{n_p}$.

3.1. Implicit Euler scheme. In the context of poroelasticity, a popular discretization method is the implicit Euler scheme for which the derivatives in time are replaced by a simple difference quotient. Multiplying the second equation by τ and introducing

$$\mathbf{C}_{\tau} \coloneqq \mathbf{C} + \tau \mathbf{B},$$

this leads to

$$\begin{bmatrix} \mathbf{A} & -\mathbf{D}^T \\ \mathbf{D} & \mathbf{C}_{\tau} \end{bmatrix} \begin{bmatrix} u^{n+1} \\ p^{n+1} \end{bmatrix} = \begin{bmatrix} 0 & 0 \\ \mathbf{D} & \mathbf{C} \end{bmatrix} \begin{bmatrix} u^n \\ p^n \end{bmatrix} + \begin{bmatrix} f^{n+1} \\ \tau g^{n+1} \end{bmatrix}.$$

This scheme is well posed since the leading matrix on the left-hand side is invertible for the given assumptions on A, B, C, and D. Moreover, it is unconditionally stable. A detailed error analysis for the implicit Euler discretization in combination with a finite element discretization in space is given in [13]. As expected, this approach yields first-order convergence in time.

The drawback of this fully implicit discretization is the fact that one needs to solve a large coupled system in each time step. Hence, the computation of an approximate solution can be very expensive, especially for three-dimensional applications. Moreover, established preconditioners for matrices of the form A and C_{τ} cannot be applied directly; cf. [20].

3.2. Iterative schemes. To avoid the solution of a large linear system in each time step, several decoupling strategies were introduced in the past couple of years. Here, decoupling means that the mechanics and the flow equation are solved sequentially. This not only implies that we have to solve two smaller rather than one large system but also facilitates the application of well-known preconditioners.

Iterative schemes replace the solution of one implicit step by a sequence of decoupled solves. Hence, each time step contains an inner iteration, which is based on a matrix splitting

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of the form

$$\begin{bmatrix} \mathbf{A} & -\mathbf{D}^T \\ \mathbf{D} & \mathbf{C}_\tau \end{bmatrix} = \mathbf{M} - \mathbf{N}.$$

The resulting time-stepping scheme then reads as follows: first initialize $u_0^{n+1} \coloneqq u^n$ and $p_0^{n+1} \coloneqq p^n$ with the approximations of the previous time step. Then consider the inner iteration

$$\mathbf{M} \begin{bmatrix} u_{k+1}^{n+1} \\ p_{k+1}^{n+1} \end{bmatrix} = \mathbf{N} \begin{bmatrix} u_k^{n+1} \\ p_k^{n+1} \end{bmatrix} + \begin{bmatrix} f^{n+1} \\ \tau g^{n+1} + \mathbf{D} u^n + \mathbf{C} p^n \end{bmatrix}$$

for $k \geq 0$ until some convergence criteria is reached, e.g., until the residuum is smaller than a predefined tolerance. In the following we specify the matrix splitting of four well-known iterative schemes. We would like to emphasize that all these schemes have in common that the matrix M is block triangular. As such, the above system can be solved for u_{k+1}^{n+1} and p_{k+1}^{n+1} sequentially.

• Drained split [6, 18, 30]:

$$\mathbf{M} \coloneqq \begin{bmatrix} \mathbf{A} & 0 \\ \mathbf{D} & \mathbf{C}_{ au} \end{bmatrix}, \qquad \qquad \mathbf{N} \coloneqq \begin{bmatrix} 0 & \mathbf{D}^T \\ 0 & 0 \end{bmatrix}$$

• Undrained split [6, 18]:

$$\mathbf{M} \coloneqq \begin{bmatrix} \mathbf{A} + \mathbf{D}^T \mathbf{B}^{-1} \mathbf{D} & 0 \\ \mathbf{D} & \mathbf{C}_{\tau} \end{bmatrix}, \qquad \mathbf{N} \coloneqq \begin{bmatrix} \mathbf{D}^T \mathbf{B}^{-1} \mathbf{D} & \mathbf{D}^T \\ 0 & 0 \end{bmatrix}$$

• Fixed-strain split [19, 28]:

$$\mathbf{M} \coloneqq egin{bmatrix} \mathbf{A} & -\mathbf{D}^T \\ 0 & \mathbf{C}_{ au} \end{bmatrix}, \qquad \qquad \mathbf{N} \coloneqq egin{bmatrix} 0 & 0 \\ -\mathbf{D} & 0 \end{bmatrix}$$

• Fixed-stress split [19, 28]:

$$\mathbf{M} \coloneqq \begin{bmatrix} \mathbf{A} & -\mathbf{D}^T \\ 0 & \mathbf{C}_{\tau} + \mathbf{D}\mathbf{A}^{-1}\mathbf{D}^T \end{bmatrix}, \qquad \mathbf{N} \coloneqq \begin{bmatrix} 0 & 0 \\ -\mathbf{D} & \mathbf{D}\mathbf{A}^{-1}\mathbf{D}^T \end{bmatrix}.$$

A drawback of these iterative methods is that the error analysis usually does not consider stability under a finite number of iterations. Additionally, only the undrained and fixed-stress split are unconditionally stable, but they require approximations of the matrices $\mathbf{D}^T \mathbf{B}^{-1} \mathbf{D}$ and $\mathbf{D} \mathbf{A}^{-1} \mathbf{D}^T$, respectively. Whether these methods converge then strongly depends on the choice of the respective tuning parameters; cf. [31].

REMARK 3.1. Indeed it can be shown that the fixed-stress split exactly converges to the implicit Euler solution for two inner iteration steps if $\mathbf{D}\mathbf{A}^{-1}\mathbf{D}^{T}$ is computed exactly. This, however, is not feasible in practice [19, Rem. 5].

3.3. Semi-explicit Euler scheme. With the aim to circumvent an inner iteration but still allow a decoupling of the equations, the semi-explicit Euler scheme was introduced in [2]. This scheme is again based on the implicit Euler method with the modification that the pressure variable lags one time step behind. More precisely, we solve

$$\begin{bmatrix} \mathbf{A} & \mathbf{0} \\ \mathbf{D} & \mathbf{C}_{\tau} \end{bmatrix} \begin{bmatrix} u^{n+1} \\ p^{n+1} \end{bmatrix} = \begin{bmatrix} \mathbf{0} & \mathbf{D}^T \\ \mathbf{D} & \mathbf{C} \end{bmatrix} \begin{bmatrix} u^n \\ p^n \end{bmatrix} + \begin{bmatrix} f^{n+1} \\ \tau g^{n+1} \end{bmatrix}.$$

Note that this corresponds to the drained-split scheme with a single inner iteration step. The analysis presented in [2] reveals that this is indeed a first-order scheme as long as the assumption $\omega \leq 1$ holds. Hence, this scheme is only applicable in the *weakly coupled* regime.

3.4. A novel iterative scheme with damping. This section is devoted to the introduction of a novel time-stepping scheme which combines the benefits of the previous approaches. First, we are interested in a scheme which is also applicable for cases with $\omega>1$. Second, we desire a fixed amount of inner iteration steps without any termination condition, still assuring first-order convergence. In essence, the proposed scheme is a modification of the drained approach with an additional relaxation step, which depends on the coupling parameter ω .

Let $\gamma \coloneqq 2/(2+\omega)$ be the relaxation factor and $K \in \mathbb{N}$ the (fixed) number of inner iteration steps, which we link to the coupling parameter ω later on. For each time step we initialize

$$(3.1a) u_0^{n+1} \coloneqq u^n, p_0^{n+1} \coloneqq p^n.$$

Then, for $k = 0, \dots, K - 1$, we solve the (block triangular) system

(3.1b)
$$\begin{bmatrix} \mathbf{A} & 0 \\ \mathbf{D} & \mathbf{C}_{\tau} \end{bmatrix} \begin{bmatrix} \hat{u}_{k+1}^{n+1} \\ \hat{p}_{k+1}^{n+1} \end{bmatrix} = \begin{bmatrix} 0 & \mathbf{D}^{T} \\ 0 & 0 \end{bmatrix} \begin{bmatrix} u_{k}^{n+1} \\ p_{k}^{n+1} \end{bmatrix} + \begin{bmatrix} f^{n+1} \\ \tau g^{n+1} + \mathbf{D}u^{n} + \mathbf{C}p^{n} \end{bmatrix}$$

for \hat{u}_{k+1}^{n+1} and \hat{p}_{k+1}^{n+1} . Except for the last step we dampen the pressure variable, i.e., for $k=0,\ldots,K-2$, we set

(3.1c)
$$u_{k+1}^{n+1} \coloneqq \hat{u}_{k+1}^{n+1}, \qquad p_{k+1}^{n+1} \coloneqq \gamma \, \hat{p}_{k+1}^{n+1} + (1-\gamma) \, p_k^{n+1}.$$

Finally, the approximations at time $t = t^{n+1}$ are given by

$$(3.1d) \hspace{1cm} u^{n+1}\coloneqq u_K^{n+1}\coloneqq \hat{u}_K^{n+1}, \qquad p^{n+1}\coloneqq p_K^{n+1}\coloneqq \hat{p}_K^{n+1}.$$

We would like to emphasize that there is no relaxation for the deformation necessary since the previous (inner) iterate u_k^{n+1} does not appear in (3.1b). Moreover, the relaxation is skipped in the final step, and the scheme is well posed since the leading matrix in (3.1b) is invertible.

REMARK 3.2 (No convergence with final relaxation). If we would include the relaxation also in the final step, then one could observe that the scheme does not converge. This is no surprise since this modification would lead to a direct linear influence of p^n on p^{n+1} .

The computation of a single time step is summarized in Algorithm 1.

Algorithm 1 One time step of scheme (3.1).

Input: current approximations $u^n \in \mathbb{R}^{n_u}$, $p^n \in \mathbb{R}^{n_p}$, step size τ

$$\begin{split} p &\leftarrow p^n \\ r &\leftarrow \tau g^{n+1} + \mathbf{D} u^n + \mathbf{C} p^n \\ \textbf{for } k &= 0: K - 2 \ \textbf{do} \\ u &\leftarrow \mathbf{A}^{-1} (f^{n+1} + \mathbf{D}^T p) \\ \hat{p} &\leftarrow \mathbf{C}_{\tau}^{-1} (r - \mathbf{D} u) \\ p &\leftarrow \gamma \, \hat{p} + (1 - \gamma) \, p \\ \textbf{end for} \\ u^{n+1} &\leftarrow \mathbf{A}^{-1} (f^{n+1} + \mathbf{D}^T p) \\ p^{n+1} &\leftarrow \mathbf{C}_{\tau}^{-1} (r - \mathbf{D} u^{n+1}) \end{split}$$

REMARK 3.3 (Interpretation as matrix splitting). Apart from the last step, the inner iteration of the proposed scheme (3.1) can be written as the matrix splitting

$$\mathbf{M} \coloneqq \frac{1}{\gamma} \begin{bmatrix} \mathbf{A} & \mathbf{0} \\ \mathbf{D} & \mathbf{C}_{\tau} \end{bmatrix}, \qquad \mathbf{N} \coloneqq \begin{bmatrix} \mathbf{0} & \mathbf{D}^T \\ \mathbf{0} & \mathbf{0} \end{bmatrix} + \frac{1-\gamma}{\gamma} \begin{bmatrix} \mathbf{A} & \mathbf{0} \\ \mathbf{D} & \mathbf{C}_{\tau} \end{bmatrix}.$$

For the convergence of the inner iteration, one needs to analyze the spectral radius of $\mathbf{M}^{-1}\mathbf{N}$. By Remark 2.2 and the positive definiteness of \mathbf{C}_{τ}^{-1} and $\mathbf{D}\mathbf{A}^{-1}\mathbf{D}^{T}$, we recognize that the spectrum of $\mathbf{C}_{\tau}^{-1}\mathbf{D}\mathbf{A}^{-1}\mathbf{D}^{T}$ lies in the interval $[0,\omega]$, leading to

$$\begin{split} \rho \big(\mathbf{M}^{-1} \mathbf{N} \big) &= \rho \left(\gamma \begin{bmatrix} \mathbf{A}^{-1} & \mathbf{0} \\ -\mathbf{C}_{\tau}^{-1} \mathbf{D} \mathbf{A}^{-1} & \mathbf{C}_{\tau}^{-1} \end{bmatrix} \begin{bmatrix} \mathbf{0} & \mathbf{D}^{T} \\ \mathbf{0} & \mathbf{0} \end{bmatrix} + (1 - \gamma) \begin{bmatrix} \mathbf{I} & \mathbf{0} \\ \mathbf{0} & \mathbf{I} \end{bmatrix} \right) \\ &= \rho \left(\begin{bmatrix} (1 - \gamma) \mathbf{I} & \gamma \mathbf{A}^{-1} \mathbf{D}^{T} \\ \mathbf{0} & -\gamma \mathbf{C}_{\tau}^{-1} \mathbf{D} \mathbf{A}^{-1} \mathbf{D}^{T} + (1 - \gamma) \mathbf{I} \end{bmatrix} \right) \\ &= \max \left\{ 1 - \gamma, \rho \Big(- \gamma \mathbf{C}_{\tau}^{-1} \mathbf{D} \mathbf{A}^{-1} \mathbf{D}^{T} + (1 - \gamma) \mathbf{I} \Big) \right\} \\ &\leq \max \{ 1 - \gamma, |-\gamma \omega + (1 - \gamma)|, |0 + (1 - \gamma)| \} \\ &= \max \{ 1 - \gamma, \gamma \omega - (1 - \gamma) \}. \end{split}$$

Note that for $\gamma=1$, which corresponds to the drained split, we obtain $\rho(\mathbf{M}^{-1}\mathbf{N}) \leq \omega$ and hence, the condition $\omega<1$. For the proposed scheme, on the other hand, we have $\gamma=2/(2+\omega)$, for which this bound takes its minimum $\rho(\mathbf{M}^{-1}\mathbf{N}) \leq \omega/(\omega+2) < 1$. Hence, the method converges to the implicit Euler scheme for $K\to\infty$.

We would like to conclude this section with two particular examples of the proposed time-stepping scheme. For K=1, there is no relaxation step, and we recover the semi-explicit Euler scheme from Section 3.3 or the drain-split scheme with a single inner iteration step. The procedure for the case K=2 is summarized in Algorithm 2.

Algorithm 2 Time-stepping scheme (3.1) for K = 2.

```
Input: (consistent) initial data u^0 \in \mathbb{R}^{n_u}, \, p^0 \in \mathbb{R}^{n_p}, time horizon T, step size \tau N \leftarrow T/\tau u \leftarrow u^0 p \leftarrow p^0 n \leftarrow 0 while n \leq N-1 do r \leftarrow \tau g^{n+1} + \mathbf{D} u + \mathbf{C} p u^{n+\frac{1}{2}} \leftarrow \mathbf{A}^{-1}(f^{n+1} + \mathbf{D}^T p) p^{n+\frac{1}{2}} \leftarrow \mathbf{C}_{\tau}^{-1}(r - \mathbf{D} u^{n+\frac{1}{2}}) u \leftarrow \mathbf{A}^{-1}\left(f^{n+1} + \mathbf{D}^T(\gamma p^{n+\frac{1}{2}} + (1-\gamma)p)\right) p \leftarrow \mathbf{C}_{\tau}^{-1}(r - \mathbf{D} u) n \leftarrow n+1 end while
```

4. Convergence analysis. In this section, we prove first-order convergence of the semi-explicit time-stepping scheme (3.1). For this, we first present some kind of stability result for K being sufficiently large in terms of the coupling parameter ω . For the convergence analysis, we make the following assumption for the initial data:

ASSUMPTION 4.1. We assume that
$$\mathbf{B}p^0 = g(0) - \mathbf{D}\mathbf{A}^{-1}\dot{f}(0) + \mathcal{O}(\tau)$$
.

REMARK 4.2. The condition in Assumption 4.1 states that the pressure p satisfies $\dot{p}(0) = \mathcal{O}(\tau)$. Although this does not seem to be a natural assumption at first sight, this condition is reasonable. For the real-word application of brain tissue simulation [17], which we consider in Section 5.2 below, this means that the force g should not apply instantaneously. Moreover, numerical experiments indicate that this assumption is only technical and not

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needed in practice. Also in the special case K=1, which corresponds to the semi-explicit Euler scheme [2], no such condition is needed to prove first-order convergence.

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PROPOSITION 4.3. Let the right-hand sides of the semi-discrete problem (2.3) satisfy the smoothness conditions $f \in C^2([0,T],\mathbb{R}^{n_u})$ and $g \in C^1([0,T],\mathbb{R}^{n_p})$. Further assume consistent initial data, Assumption 4.1, and

$$\frac{\omega^K}{(2+\omega)^{K-1}} < 1.$$

Then the iterates of the scheme (3.1) are stable in the sense that

$$||p^{n+1} - p_{K-1}^{n+1}||_{\mathbf{C}_{\tau}} \le C e^T \tau,$$

(4.2b)
$$\|(p^{n+1} - p_{K-1}^{n+1}) - (p^n - p_{K-1}^n)\|_{\mathbf{C}_{\tau}} \le C e^T \tau^2,$$

where C>0 is a constant that depends only on the $C^2([0,T],\mathbb{R}^{n_u})$ -norm of f, the $C^1([0,T],\mathbb{R}^{n_p})$ -norm of g, and the coupling parameter ω .

Proof. Consider the differences appearing in the first step of the inner iteration,

$$\delta_u^{n+1} \coloneqq \hat{u}_1^{n+1} - u^n, \qquad \delta_p^{n+1} \coloneqq \hat{p}_1^{n+1} - p^n.$$

We first prove the linear dependence

(4.3)
$$\hat{p}_{k+1}^{n+1} - p_k^{n+1} = \mathbf{S}^k \delta_p^{n+1},$$

for $0 \le k \le K - 1$, where $\mathbf{S} = \gamma \mathbf{T} + (1 - \gamma) \mathbf{I}$, with $\mathbf{T} = -\mathbf{C}_{\tau}^{-1} \mathbf{D} \mathbf{A}^{-1} \mathbf{D}^{T}$, and \mathbf{I} denoting the identity matrix. For this, observe that by (3.1b) we get for all $1 \le k \le K - 1$,

$$\hat{p}_k^{n+1} = \mathbf{T} p_{k-1}^{n+1} + r^{n+1},$$

where $r^{n+1} = \mathbf{C}_{\tau}^{-1}(\tau g^{n+1} + \mathbf{D}u^n + \mathbf{C}p^n - \mathbf{D}\mathbf{A}^{-1}f^{n+1})$. Combined with (3.1c) this shows

(4.4)
$$p_k^{n+1} = \mathbf{S} p_{k-1}^{n+1} + \gamma r^{n+1}.$$

On the other hand, we observe that

$$\begin{split} \hat{p}_{k+1}^{n+1} &= \mathbf{T} \left(\gamma \, \hat{p}_k^{n+1} + (1 - \gamma) \, p_{k-1}^{n+1} \right) + r^{n+1} \\ (4.5) &= \gamma \, \mathbf{T} \hat{p}_k^{n+1} + (1 - \gamma) \left(\mathbf{T} p_{k-1}^{n+1} + r^{n+1} \right) + \gamma \, r^{n+1} = \mathbf{S} \hat{p}_k^{n+1} + \gamma \, r^{n+1}. \end{split}$$

Taking the difference of (4.5) and (4.4), we get

$$\hat{p}_{k+1}^{n+1} - p_k^{n+1} = \mathbf{S}(\hat{p}_k^{n+1} - p_{k-1}^{n+1}).$$

A repeated application of (4.4) and (4.5) then yields

$$\hat{p}_{k+1}^{n+1} - p_k^{n+1} = \mathbf{S} \left(\hat{p}_k^{n+1} - p_{k-1}^{n+1} \right) = \dots = \mathbf{S}^k \left(\hat{p}_1^{n+1} - p_0^{n+1} \right) = \mathbf{S}^k \delta_p^{n+1}$$

and hence (4.3). Next, we study the relation of δ_p^{n+1} and $p^{n+1}-p^n$, leading to

$$p^{n+1} - p^{n} = p^{n+1} - p_{K-1}^{n+1} + \sum_{k=0}^{K-2} \left(p_{k+1}^{n+1} - p_{k}^{n+1} \right)$$

$$= \mathbf{S}^{K-1} \delta_{p}^{n+1} + \sum_{k=0}^{K-2} \left(\gamma \, \hat{p}_{k+1}^{n+1} + (1 - \gamma) \, p_{k}^{n+1} - p_{k}^{n+1} \right)$$

$$= \mathbf{S}^{K-1} \delta_{p}^{n+1} + \gamma \sum_{k=0}^{K-2} \left(\hat{p}_{k+1}^{n+1} - p_{k}^{n+1} \right)$$

$$= \left(\mathbf{S}^{K-1} + \gamma \sum_{k=0}^{K-2} \mathbf{S}^{k} \right) \delta_{p}^{n+1} =: \tilde{\mathbf{S}} \, \delta_{p}^{n+1}.$$

$$(4.6)$$

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For the matrix $\tilde{\mathbf{S}}$ one can show that its norm is bounded by a constant $0 < C_{\mathbf{S}} \le 1$. To see this, we first note that $\|\mathbf{S}x\|_{\mathbf{C}_{\tau}} \le 1 - \gamma$; cf. Remark 3.3. Then, applying a geometric series, we can estimate

$$\|\tilde{\mathbf{S}}x\|_{\mathbf{C}_{\tau}} \le \left((1-\gamma)^{K-1} + \gamma \sum_{k=0}^{K-2} (1-\gamma)^{k} \right) \|x\|_{\mathbf{C}_{\tau}}$$
$$= \left((1-\gamma)^{K-1} + \gamma \frac{1 - (1-\gamma)^{K-1}}{1 - (1-\gamma)} \right) \|x\|_{\mathbf{C}_{\tau}} = \|x\|_{\mathbf{C}_{\tau}}.$$

With (4.3) we note by (3.1b) that the values δ_u^{n+1} and δ_p^{n+1} solve for $n \ge 1$,

(4.7a)
$$\mathbf{A}\delta_u^{n+1} - \mathbf{D}^T \mathbf{S}^{K-1} \delta_p^n = f^{n+1} - f^n,$$

(4.7b)
$$\mathbf{D}\delta_u^{n+1} + \mathbf{C}\delta_p^{n+1} + \tau \mathbf{B}\delta_p^{n+1} = \tau g^{n+1} - \tau \mathbf{B}p^n.$$

Due to the assumed consistency of the initial data, i.e., $\mathbf{A}u^0 - \mathbf{D}^Tp^0 = f^0$, (4.7) still holds for n=0 if we set $\delta^0_p \coloneqq 0$. The right-hand sides can be bounded using the Taylor approximation $f^{n+1} - f^n = \tau \dot{f}(\xi^{n+1}_f)$ for some $\xi^{n+1}_f \in [t^n, t^{n+1}]$. Solving the first equation (4.7a) for δ^{n+1}_u and inserting it into the second leads to

(4.8)
$$\delta_p^{n+1} = \mathbf{T}\mathbf{S}^{K-1}\delta_p^n - \tau \mathbf{C}_{\tau}^{-1}\mathbf{B}p^n - \tau \mathbf{C}_{\tau}^{-1}[\mathbf{D}\mathbf{A}^{-1}\dot{f}(\xi_f^{n+1}) - g^{n+1}].$$

It is easy to see that the term in brackets is uniformly bounded by a constant $C_{\text{rhs}} = C_{\text{rhs}}(\omega, \|f\|_{C^1([0,T];\mathbb{R}^{n_u})}, \|g\|_{C^0([0,T];\mathbb{R}^{n_p})})$. For the term containing p^n , this is not so obvious. Instead we now show the boundedness of p^n and δ_p^n simultaneously. To estimate the effect of the arising terms in the \mathbf{C}_{τ} -norm, we observe that

$$\|\mathbf{T}x\|_{\mathbf{C}_{\tau}} \le \omega \|x\|_{\mathbf{C}_{\tau}}$$
 and $\|\mathbf{S}x\|_{\mathbf{C}_{\tau}} \le (1-\gamma) \|x\|_{\mathbf{C}_{\tau}}$,

for any $x \in \mathbb{R}^{n_p}$; cf. Remarks 2.2 and 3.3. Hence, we can estimate

$$\|\delta_p^{n+1}\|_{\mathbf{C}_{\tau}} \leq \|\mathbf{T}\mathbf{S}^{K-1}\delta_p^n\|_{\mathbf{C}_{\tau}} + \tau \|\mathbf{C}_{\tau}^{-1}\mathbf{B}p^n\|_{\mathbf{C}_{\tau}} + \tau C_{\text{rhs}}$$
$$\leq \omega \left(1 - \gamma\right)^{K-1} \|\delta_p^n\|_{\mathbf{C}_{\tau}} + \tau C_p \|p^n\|_{\mathbf{C}_{\tau}} + \tau C_{\text{rhs}},$$

for $C_p := C_b/(c_c + \tau c_b)$. Recall that γ is fixed in terms of the coupling parameter, namely $\gamma = 2/(2 + \omega)$. As such, the assumed bound (4.1) gives

$$\omega (1 - \gamma)^{K-1} = \frac{\omega^K}{(2 + \omega)^{K-1}} < 1.$$

Applying the above inequality iteratively, we thus obtain

$$\|\delta_{p}^{n+1}\|_{\mathbf{C}_{\tau}} \leq \left(\omega \left(1-\gamma\right)^{K-1}\right)^{n} \|\delta_{p}^{0}\|_{\mathbf{C}_{\tau}} + \tau \sum_{\ell=0}^{n-1} \left(\omega \left(1-\gamma\right)^{K-1}\right)^{\ell} \left(C_{p} \|p^{n-\ell}\|_{\mathbf{C}_{\tau}} + C_{\text{rhs}}\right)$$

(4.9)
$$\leq \tau \frac{1}{1 - \omega (1 - \gamma)^{K - 1}} \left(C_{\text{rhs}} + C_p \max_{\ell \leq n} \| p^{\ell} \|_{\mathbf{C}_{\tau}} \right),$$

where we bounded the sum by a geometric series. We combine this with (4.6) to get

$$\|p^{n+1}\|_{\mathbf{C}_{\tau}} \leq \|p^n\|_{\mathbf{C}_{\tau}} + C_{\mathbf{S}} \|\delta_p^{n+1}\|_{\mathbf{C}_{\tau}} \leq (1 + \tau C_{\mathbf{S}}'C_p) \max_{\ell \leq n} \|p^{\ell}\|_{\mathbf{C}_{\tau}} + \tau C_{\mathbf{S}}'C_{\text{rhs}},$$

for $C_{\mathbf{S}}'=\frac{C_{\mathbf{S}}}{1-\omega\,(1-\gamma)^{K-1}}.$ Using the discrete Grönwall lemma, we finally obtain

$$||p^n||_{\mathbf{C}_{\tau}} \le e^{t^n C_{\mathbf{S}}' C_p} (||p^0||_{\mathbf{C}_{\tau}} + t^n C_{\mathbf{S}}' C_{\text{rhs}}).$$

In other words, the iterates are bounded in terms of T, ω , the initial data, and the right-hand sides, but independent of τ . Inserting this estimate into (4.9) and using (4.3) shows the first claim (4.2a).

For the second claim, we consider once more (4.7), leading to

(4.10a)
$$\mathbf{A}(\delta_u^{n+1} - \delta_u^n) - \mathbf{D}^T \mathbf{S}^{K-1} (\delta_u^n - \delta_u^{n-1}) = f^{n+1} - 2f^n + f^{n-1},$$

(4.10b)
$$\mathbf{D}(\delta_u^{n+1} - \delta_u^n) + \mathbf{C}(\delta_p^{n+1} - \delta_p^n) + \tau \mathbf{B}(\delta_p^{n+1} - \delta_p^n)$$

$$= \tau (g^{n+1} - g^n) - \tau \mathbf{B}(p^n - p^{n-1}).$$

Considering (4.8) for n = 0, we get by $\delta_p^0 = 0$ and Assumption 4.1,

$$\delta_p^1 = \tau \, \mathbf{C}_{\tau}^{-1} \big[g^1 - \mathbf{D} \mathbf{A}^{-1} \dot{f}(\xi_f^1) - \mathbf{B} p^0 \big] = \tau^2 \, \mathbf{C}_{\tau}^{-1} \big[\dot{g}(\xi) - \mathbf{D} \mathbf{A}^{-1} \ddot{f}(\zeta) \big] + \mathcal{O}(\tau^2),$$

for some $\xi,\zeta\in[0, au].$ Hence, we have $\delta_p^1=\mathcal{O}(au^2).$

Using a Taylor approximation, we can now replace the right-hand side of (4.10a) by $\tau^2 \ddot{f}(\xi_f^{\prime n+1})$ for some $\xi_f^{\prime n+1} \in [t^{n-1}, t^{n+1}]$. In (4.10b) we obtain $\tau^2 \dot{g}(\xi_g^{n+1}) + \tau \mathbf{B} \tilde{\mathbf{S}} \delta_p^n$ for some $\xi_g^{n+1} \in [t^n, t^{n+1}]$. Inequality (4.2b) then follows using a similar procedure as for obtaining (4.9) and applying this particular estimate to bound δ_p^n . More precisely, we get

$$\|\delta_p^{n+1} - \delta_p^n\|_{\mathbf{C}_{\tau}} \le \left(\omega (1 - \gamma)^{K-1}\right)^n \|\delta_p^1\|_{\mathbf{C}_{\tau}} + \tau^2 \frac{C}{1 - \omega (1 - \gamma)^{K-1}}$$

with a constant C depending on C_{rhs} and C_p . Finally, (4.3) with k = K - 1 yields

$$(p^{n+1} - p_{K-1}^{n+1}) - (p^n - p_{K-1}^n) = \mathbf{S}^{K-1} (\delta_p^{n+1} - \delta_p^n),$$

which directly leads to the assertion.

We now present the main result of this paper, namely the convergence proof for the proposed scheme (3.1). For this, we combine ideas used in [2, Lem. 3.2] for the last step of the inner iteration with the previous result obtained in Proposition 4.3.

THEOREM 4.4 (First-order convergence). Let the solution (u,p) of the semi-discrete problem (2.3) satisfy the smoothness conditions $u \in C^2([0,T],\mathbb{R}^{n_u})$ and $p \in C^2([0,T],\mathbb{R}^{n_p})$. Moreover, consider the assumptions of Proposition 4.3 including the bound (4.1), i.e., $\omega^K/(2+\omega)^{K-1} < 1$. Then the scheme (3.1) converges with order one. More precisely, we have

$$||u^n - u(t^n)||_{\mathbf{A}}^2 + ||p^n - p(t^n)||_{\mathbf{B}}^2 \le C \tau^2$$

with a positive constant C>0 depending on the solution, the right-hand sides, the time horizon, and the material parameters.

Proof. We denote the errors between the semi-discrete solution and the outcome of (3.1) by

$$\eta_u^n := u^n - u(t^n), \qquad \eta_p^n := p^n - p(t^n).$$

Now let $1 \le n \le N$. Using the Taylor approximations

$$u(t^n) = u(t^{n+1}) - \tau \dot{u}(t^{n+1}) + \frac{1}{2}\tau^2 \ddot{u}(\xi_u^{n+1}),$$

$$p(t^n) = p(t^{n+1}) - \tau \dot{p}(t^{n+1}) + \frac{1}{2}\tau^2 \ddot{p}(\xi_n^{n+1}),$$

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for some $\xi_u^{n+1}, \xi_p^{n+1} \in [t^n, t^{n+1}]$, we obtain from equations (2.3) and (3.1b) for k = K - 1 that

(4.11a)
$$\mathbf{A}\eta_{u}^{n+1} - \mathbf{D}^{T}\eta_{p}^{n+1} = \mathbf{D}^{T}(p_{K-1}^{n+1} - p^{n+1}),$$
(4.11b)
$$\mathbf{D}(\eta_{u}^{n+1} - \eta_{u}^{n}) + \mathbf{C}(\eta_{p}^{n+1} - \eta_{p}^{n}) + \tau \mathbf{B}\eta_{p}^{n+1} = \frac{1}{2}\tau^{2} \left[\mathbf{D}\ddot{u}(\xi_{u}^{n+1}) + \mathbf{C}\ddot{p}(\xi_{p}^{n+1}) \right].$$

Taking the difference with the previous time step in the first equation results in

$$\mathbf{A}(\eta_u^{n+1} - \eta_u^n) - \mathbf{D}^T(\eta_u^{n+1} - \eta_u^n) = \mathbf{D}^T(p_{K-1}^{n+1} - p^{n+1} - (p_{K-1}^n - p^n)).$$

Now, multiplying the latter two equations from the left by $(\eta_u^{n+1} - \eta_u^n)^T$ and $(\eta_p^{n+1} - \eta_p^n)^T$, respectively, we obtain for their sum

$$\begin{split} \|\eta_{u}^{n+1} - \eta_{u}^{n}\|_{\mathbf{A}}^{2} + \|\eta_{p}^{n+1} - \eta_{p}^{n}\|_{\mathbf{C}}^{2} + \frac{1}{2}\,\tau\left(\|\eta_{p}^{n+1}\|_{\mathbf{B}}^{2} - \|\eta_{p}^{n}\|_{\mathbf{B}}^{2}\right) \\ & \leq \|\eta_{u}^{n+1} - \eta_{u}^{n}\|_{\mathbf{A}}^{2} + \|\eta_{p}^{n+1} - \eta_{p}^{n}\|_{\mathbf{C}}^{2} + \tau\left(\eta_{p}^{n+1} - \eta_{p}^{n}\right)^{T}\mathbf{B}\eta_{p}^{n+1} \\ & \leq \left(p_{K-1}^{n+1} - p^{n+1} - (p_{K-1}^{n} - p^{n})\right)^{T}\mathbf{D}(\eta_{u}^{n+1} - \eta_{u}^{n}) \\ & - \frac{1}{2}\,\tau^{2}(\eta_{p}^{n+1} - \eta_{p}^{n})^{T}\Big[\mathbf{D}\ddot{u}(\xi_{u}^{n+1}) + \mathbf{C}\ddot{p}(\xi_{p}^{n+1})\Big]. \end{split}$$

Here, we have used the identity

$$(4.12) 2(\eta_p^{n+1} - \eta_p^n)^T \mathbf{B} \eta_p^{n+1} = \|\eta_p^{n+1}\|_{\mathbf{B}}^2 - \|\eta_p^n\|_{\mathbf{B}}^2 + \|\eta_p^{n+1} - \eta_p^n\|_{\mathbf{B}}^2.$$

Using Remark 2.2, Proposition 4.3, and Young's inequality, the first summand of the right-hand side can be bounded by

$$\begin{split} \left(p_{K-1}^{n+1} - p^{n+1} - (p_{K-1}^n - p^n)\right)^T &\mathbf{D}(\eta_u^{n+1} - \eta_u^n) \\ & \leq \sqrt{\omega} \, \|p^{n+1} - p_{K-1}^{n+1} - (p^n - p_{K-1}^n)\|_{\mathbf{C}} \, \|\eta_u^{n+1} - \eta_u^n\|_{\mathbf{A}} \\ & \leq \frac{1}{2} \, \omega \, \tau^4 \, C_{\text{Prop}}^2 e^{2T} + \frac{1}{2} \, \|\eta_u^{n+1} - \eta_u^n\|_{\mathbf{A}}^2, \end{split}$$

with C_{Prop} being the constant from (4.2b). Similarly, we obtain for the second summand

$$\begin{split} &\frac{1}{2}\,\tau^{2}(\eta_{p}^{n+1}-\eta_{p}^{n})^{T}\big[\mathbf{D}\ddot{u}(\xi_{u}^{n+1})+\mathbf{C}\ddot{p}(\xi_{p}^{n+1})\big]\\ &\leq \frac{1}{2}\,\tau^{2}\|\eta_{p}^{n+1}-\eta_{p}^{n}\|_{\mathbf{C}}\big(\sqrt{\omega}\,\|\ddot{u}(\xi_{u}^{n+1})\|_{\mathbf{A}}+\|\ddot{p}(\xi_{p}^{n+1})\|_{\mathbf{C}}\big)\\ &\leq \frac{1}{8}\,\tau^{4}\big(\omega\,\|\ddot{u}\|_{L^{\infty}(v)}^{2}+\|\ddot{p}\|_{L^{\infty}(\mathbf{C})}^{2}\big)+\|\eta_{p}^{n+1}-\eta_{p}^{n}\|_{\mathbf{C}}^{2}. \end{split}$$

Absorbing both terms $\frac{1}{2} \|\eta_u^{n+1} - \eta_u^n\|_{\mathbf{A}}^2$ and $\|\eta_p^{n+1} - \eta_p^n\|_{\mathbf{C}}^2$ and dividing by $\tau/2$, we obtain

(4.13)
$$\|\eta_p^{n+1}\|_{\mathbf{B}}^2 - \|\eta_p^n\|_{\mathbf{B}}^2 + \frac{1}{\tau} \|\eta_u^{n+1} - \eta_u^n\|_{\mathbf{A}}^2$$

$$\leq \omega \, \tau^3 C_{\mathsf{Pron}}^2 e^{2T} + \frac{1}{4} \, \tau^3 \left(\omega \|\ddot{u}\|_{L^{\infty}(\mathbf{A})}^2 + \|\ddot{p}\|_{L^{\infty}(\mathbf{C})}^2\right).$$

Summation over n then gives

$$\|\eta_p^n\|_{\mathbf{B}}^2 + \frac{1}{\tau} \sum_{j=0}^{n-1} \|\eta_u^{j+1} - \eta_u^j\|_{\mathbf{A}}^2 \le T \tau^2 \left(\omega C_{\text{Prop}}^2 e^{2T} + \frac{1}{4} \omega \|\ddot{u}\|_{L^{\infty}(\mathbf{A})}^2 + \frac{1}{4} \|\ddot{p}\|_{L^{\infty}(\mathbf{C})}^2 \right)$$

showing the claimed bound for η_p^n .

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TABLE 4.1

Relation of the coupling parameter ω and the required number of inner iterations K according to the bound (4.1).

For the bound for η_u^n , we consider again the system (4.11). This time, however, using $\eta_u^{n+1} - \eta_u^n$ and η_p^{n+1} as test functions, respectively. The sum then reads

$$\begin{split} &(\eta_u^{n+1} - \eta_u^n)^T \mathbf{A} \eta_u^{n+1} + (\eta_p^{n+1})^T \mathbf{C} (\eta_p^{n+1} - \eta_p^n) + \tau \, \|\eta_p^{n+1}\|_{\mathbf{B}}^2 \\ &= (\eta_u^{n+1} - \eta_u^n)^T \mathbf{D}^T (p_{K-1}^{n+1} - p^{n+1}) + \frac{1}{2} \, \tau^2 (\eta_p^{n+1})^T \big[\mathbf{D} \ddot{\boldsymbol{u}} (\boldsymbol{\xi}_u^{n+1}) + \mathbf{C} \ddot{\boldsymbol{p}} (\boldsymbol{\xi}_p^{n+1}) \big]. \end{split}$$

By the identity (4.12), this can be transformed to

$$\begin{split} &\|\eta_{u}^{n+1}\|_{\mathbf{A}}^{2} - \|\eta_{u}^{n}\|_{\mathbf{A}}^{2} + \|\eta_{u}^{n+1} - \eta_{u}^{n}\|_{\mathbf{A}}^{2} \\ &\quad + \|\eta_{p}^{n+1}\|_{\mathbf{C}}^{2} - \|\eta_{p}^{n}\|_{\mathbf{C}}^{2} + \|\eta_{p}^{n+1} - \eta_{p}^{n}\|_{\mathbf{C}}^{2} + 2\tau \, \|\eta_{p}^{n+1}\|_{\mathbf{B}}^{2} \\ &\quad = 2\,(\eta_{u}^{n+1} - \eta_{u}^{n})^{T}\mathbf{D}^{T}(p_{K-1}^{n+1} - p^{n+1}) + \tau^{2}(\eta_{p}^{n+1})^{T}\big[\mathbf{D}\ddot{u}(\xi_{u}^{n+1}) + \mathbf{C}\ddot{p}(\xi_{p}^{n+1})\big]. \end{split}$$

Using once more Young's inequality, we bound the right-hand side by

$$\begin{split} &\frac{1}{\tau} \, \| \eta_u^{n+1} - \eta_u^n \|_{\mathbf{A}}^2 + \omega \, \tau \, \| p_{K-1}^{n+1} - p^{n+1} \|_{\mathbf{C}}^2 \\ &\quad + \frac{1}{4} C_{\mathrm{em}} \tau^3 \! \left(\omega \, \| \ddot{u} \|_{L^{\infty}(\mathbf{A})}^2 + \| \ddot{p} \|_{L^{\infty}(\mathbf{C})}^2 \right) + 2\tau \, \| \eta_p^{n+1} \|_{\mathbf{B}}^2, \end{split}$$

where $C_{\rm em}=C_cC_{\mathcal{V}\hookrightarrow\mathcal{H}_{\mathcal{V}}}^2/c_b$ includes the continuity constant of the embedding $\mathcal{V}\hookrightarrow\mathcal{H}_{\mathcal{V}}$. Applying (4.13) and inequality (4.2a) from Proposition 4.3, this is bounded by

$$\tau^{3} \left[2\omega \, C_{\mathsf{Prop}}^{2} \, e^{2T} + \tfrac{1}{4} \, (1 + C_{\mathsf{em}}) \big(\omega \, \|\ddot{u}\|_{L^{\infty}(\mathbf{A})}^{2} + \|\ddot{p}\|_{L^{\infty}(\mathbf{C})}^{2} \big) \right] + 2\tau \, \|\eta_{p}^{n+1}\|_{\mathbf{B}}^{2}.$$

By absorbing $2\tau \|\eta_p^{n+1}\|_{\mathbf{B}}^2$ and dropping the terms $\|\eta_u^{n+1} - \eta_u^n\|_{\mathbf{A}}^2$ and $\|\eta_p^{n+1} - \eta_p^n\|_{\mathbf{C}}^2$ on the left-hand side, the full inequality now reads

$$\begin{split} \|\eta_{u}^{n+1}\|_{\mathbf{A}}^{2} - \|\eta_{u}^{n}\|_{\mathbf{A}}^{2} + \|\eta_{p}^{n+1}\|_{\mathbf{C}}^{2} - \|\eta_{p}^{n}\|_{\mathbf{C}}^{2} \\ & \leq \tau^{3} \left[2\omega \, C_{\text{Prop}}^{2} \, e^{2T} + \frac{1}{4} \, (1 + C_{\text{em}}) \left(\omega \, \|\ddot{u}\|_{L^{\infty}(\mathbf{A})}^{2} + \|\ddot{p}\|_{L^{\infty}(\mathbf{C})}^{2} \right) \right]. \end{split}$$

Finally, summing over n yields

$$\|\eta_u^n\|_{\mathbf{A}}^2 + \|\eta_p^n\|_{\mathbf{C}}^2 \le \tau^2 T \left[2\omega \, C_{\text{Prop}}^2 \, e^{2T} + \frac{1}{4} \, (1 + C_{\text{em}}) \left(\omega \, \|\ddot{u}\|_{L^{\infty}(\mathbf{A})}^2 + \|\ddot{p}\|_{L^{\infty}(\mathbf{C})}^2 \right) \right],$$

which completes the proof. \Box

REMARK 4.5. The iteration bound (4.1) can be solved for K, leading to the requirement

$$K > K(\omega) := 1 + \frac{\log(\omega)}{\log(\omega + 2) - \log(\omega)}.$$

Since this is well-defined for all positive ω , we see that stability and first-order convergence can be achieved for all choices of the model parameters with an appropriately chosen number of inner iteration steps. A corresponding list of K- and ω -values is given in Table 4.1; see also Figure 5.2 below.

REMARK 4.6. Following the same proof without Assumption 4.1, one can still recover a convergence rate of order $\tau^{3/4}$. In numerical experiments, however, such a reduction of the order cannot be observed.

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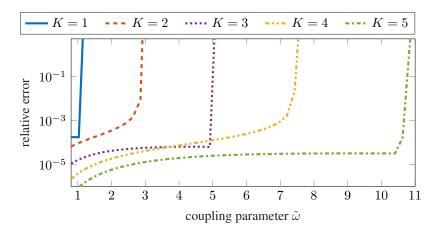


FIG. 5.1. Relative error (measured in the Euclidean norm) of the proposed scheme applied to the model problem of Section 5.1 in comparison to the implicit Euler solution at final time T=1.

- **5. Numerical examples.** This section is devoted to a numerical investigation of the presented time-stepping scheme. In a first experiment, we consider a toy problem in order to study the proven lower bound for the number of inner iterations. The second experiment then considers a real-world example, namely the simulation of brain tissue. Finally, we present a runtime comparison proving the competitiveness of the newly introduced scheme.
- **5.1. Sharpness of the iteration bound.** We numerically analyze the sharpness of the iteration bound (4.1) that guarantees linear convergence. For this, we apply our scheme to the model problem from [3], i.e., to (2.1) with bilinear forms

$$a(u, v) = v^T \mathbf{A} u, \qquad b(p, q) = q^T B p, \qquad c(p, q) = q^T \mathbf{C} p, \qquad d(v, p) = \sqrt{\tilde{\omega}} \, p^T \mathbf{D} v$$

with

$$\mathbf{A} = \frac{1}{2-\sqrt{2}} \begin{bmatrix} 2 & -1 & 0 \\ -1 & 2 & -1 \\ 0 & -1 & 2 \end{bmatrix}, \quad \mathbf{B} = 1, \quad \mathbf{C} = 1, \quad \mathbf{D} = \frac{1}{3} \begin{bmatrix} 2 & 1 & 2 \end{bmatrix}.$$

Note that ${\bf A}$ and ${\bf C}$ are chosen such that their smallest eigenvalues equal 1, respectively, and that ${\bf D}$ is chosen such that the operator norm of d is $\sqrt{\tilde{\omega}}$. As a result, the coupling parameter introduced in Section 2.2 (as we are not considering poroelasticity here) is indeed given by $\tilde{\omega}$. For the right-hand sides, we set

$$f(t) = \begin{bmatrix} 1 & 1 & 1 \end{bmatrix}^T$$
, $g(t) = \sin(t)$.

Further, we consider consistent initial data with p(0)=1. Note that this means that Assumption 4.1 is not satisfied. For the simulation, we use T=1 and a fixed time step size $\tau=1/300$. We run the scheme with K ranging from 1 to 5 and compare the approximations with the implicit Euler solution acting as reference solution. The results are presented in Figure 5.1. Therein, it can be clearly observed that the scheme turns unstable if the coupling parameter $\tilde{\omega}$ gets too large.

This experiment also shows that the proven bound (4.1) is quite pessimistic in the sense that the proposed scheme may be used for coupling parameters exceeding this bound. This fact is illustrated in Figure 5.2. Therein, we plot the function $K(\tilde{\omega})$ given by the theoretical

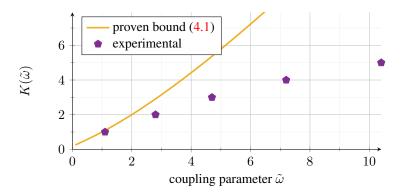


FIG. 5.2. Comparison of the proven iteration bound (4.1) and the experimental iteration bounds for the model problem of Section 5.1.

bound (4.1) and the largest value of $\tilde{\omega}$ for which the scheme is still convergent for the above model problem. We make this more precise for the poroelastic example of shale with coupling parameter $\omega = 4.02$ (see Table 2.1). Theorem 4.4 guarantees first-order convergence for $K \geq 5$, but the model problem indicates that three inner iteration steps are already sufficient.

5.2. Application to brain tissue simulation. In this second experiment, we apply the proposed scheme to a more complex example taken from [17]. Therein, the poroelastic model is used to simulate the deformation of brain tissue as a result of brain edema. We would like to confirm our theoretical results, which predict our scheme to be efficient for moderate coupling parameters in the range $\omega \in [1, 10]$. As such, we consider the model parameters as in [17, Tab. 10] but replace their choice of the Biot modulus M—which would lead to $\omega \approx 200$ —by a lower value. Indeed, a wide range of values for the Biot modulus is used within medical literature; cf. [12, 17, 26] or Table 2.1, where an even smaller value of M is used. To summarize, our model parameters are

$$\begin{split} \lambda &= 7.8 \times 10^3 \, \text{N/m}^2, & \mu &= 3.3 \times 10^3 \, \text{N/m}^2, & \alpha &= 1, \\ \kappa &= 1.3 \times 10^{-15} \, \text{m}^2, & \nu &= 8.9 \times 10^{-4} \, \text{N s/m}^2, & M &= 2.2 \times 10^4 \, \text{N/m}^2, \end{split}$$

leading to $\omega \approx 2.8$. Hence, the proven bound (4.1) claims K=3 to be sufficient, which we will verify in the following.

As in [17], we construct a two-dimensional triangular mesh with 11221 elements from brain scans obtained from [16]. The model specifies mixed boundary conditions, namely

$$(5.1a) u = 0 on \Gamma_1,$$

(5.1b)
$$\left(\frac{\kappa}{\nu} \nabla p\right) \cdot n = c_{\text{SAS}}(p_{\text{SAS}} - p) \qquad \text{on } \Gamma_1,$$
(5.1c)
$$\left(\sigma(u) - \alpha p\right) \cdot n = -p \cdot n \qquad \text{on } \Gamma_2,$$

(5.1c)
$$(\sigma(u) - \alpha p) \cdot n = -p \cdot n$$
 on Γ_2 ,

$$(5.1\mathrm{d}) \hspace{1cm} p = 1100 \, \mathrm{N/m^2} \hspace{1cm} \mathrm{on} \ \Gamma_2.$$

Here, Γ_1 is the outer border of the mesh representing the brain tissue wall, and Γ_2 is the inner border representing the ventricular wall. Moreover, n denotes the outer normal vector, $c_{\rm SAS} = 5.0 \times 10^{-10} \, {\rm m}^3/({\rm N \, s})$ the conductance, and $p_{\rm SAS} = 1070 \, {\rm N/m}^2$ the pressure outside the brain tissue wall. Note that the conditions (5.1) do not match with the homogeneous Dirichlet boundary conditions we have assumed in the above analysis. Nevertheless, the resulting matrices can be constructed in such a way that their symmetric structure is preserved. As such, all assumptions on the matrices used in our analysis are still fulfilled.

We first compute the neutral state (u^0, p^0) of the displacement and pressure as the solution to the linear system consisting of the boundary conditions (5.1) and

$$\begin{split} -\nabla \cdot \sigma(u^0) + \alpha \nabla p^0 &= 0 \qquad \text{ on } \Omega, \\ \nabla \cdot \left(\frac{\kappa}{\nu} \, \nabla p^0 \right) &= 0 \qquad \text{ on } \Omega. \end{split}$$

This then serves as initial data. Subsequently, a non-zero source term $g=1.5\times 10^{-4}\,\mathrm{s^{-1}}$ is introduced in the damaged part of the brain. The corresponding differential equation is then solved using the scheme (3.1) for $T=4.2\,\mathrm{h},\,N=100,$ and K=2. The initial and final distributions for the pressure and the displacement are shown in Figure 5.3. In the neutral state, there is almost no displacement, and p stays between $1070\,\mathrm{N/m^2}$ and $1100\,\mathrm{N/m^2}$ as dictated by the boundary conditions. For t=T, however, we see a maximum pressure of around $2000\,\mathrm{N/m^2}$ at the injured region and a displacement of up to $0.2\,\mathrm{mm}$.

We also use this example to compare the convergence properties of the proposed and the fixed-stress scheme for fixed numbers of inner iterations. For this, we run both schemes with varying time step sizes τ , while the implicit Euler solution with $\tau=1.5\,\mathrm{s}$ is used as a reference. As the solution converges to an equilibrium over time, we set $T=10\,\mathrm{min}$ and compare the solutions at this point in time. Note that the computational costs for both schemes are comparable for the same number of inner iterations. The computational results can be seen in Figure 5.4. As expected, we observe that the proposed scheme is not stable for K=1. For two and three inner iterations, however, the scheme converges and produces almost the same results. The fixed-stress scheme, on the other hand, is stable for any number of inner iterations but does not seem to converge towards the reference solution for $\tau\to0$. Instead, the error reaches a certain plateau, which gets smaller for an increasing number of inner iteration steps. This may be caused by the relaxation in the final step; cf. the discussion in Remark 3.2.

5.3. Implementation details and runtime comparison. For an efficient overall implementation, one also needs to discuss preconditioners and the linear solvers used for the resulting systems in each time step.

Preconditioners. As already mentioned in the introduction, decoupled approaches have the advantage that we need to solve two smaller subsystems for which well-known preconditioners exist [20]. Hence, we first consider preconditioners for the linear systems with left-hand side matrices $\bf A$ and $\bf C_{\tau}$ that come up in semi-explicit methods. Here classical preconditioners for linear elasticity and Darcy flows can be used, respectively. In our experiments, we found that $\bf A$ can be effectively preconditioned using an *algebraic multigrid (AMG)* preconditioner [14], while we use a *Jacobi preconditioner* for $\bf C_{\tau}$, where the mass matrix is dominating. We would like to emphasize that we do not consider the nearly incompressible case here. For this, one has to take special care of the spatial discretization; cf. [21].

For a fully implicit discretization, one needs a block preconditioner. Combining the previous two preconditioners, however, does not yield a good preconditioner of the full system. Rather common is a construction based on the Schur complement $\mathbf{S} = \mathbf{D}^T \mathbf{A} \mathbf{D} + \mathbf{C}_{\tau}^{-1}$; see [8]. Using AMG, for example, where \mathbf{C}_{τ}^{-1} can be effectively approximated by the inverse diagonal of \mathbf{C}_{τ} , one obtains the preconditioner

$$\begin{bmatrix} \mathbf{A}^{-1} & 0 \\ 0 & \mathbf{S}^{-1} \end{bmatrix},$$

where both inverses are approximated. As already mentioned, there are more complex preconditioners for the implicit approach which promise effectiveness independent of certain parameters [15, 20]. In our examples, however, the relation between the parameters is rather moderate, and we found these methods to be less efficient than a solution based on the Schur complement.

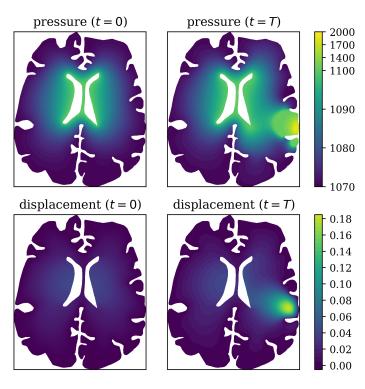


Fig. 5.3. Initial and final state for the pressure (in $\rm N/m^2$) and the displacement (in $\rm mm$). A non-zero source term is applied in the "damaged" subdomain on the right of the brain.

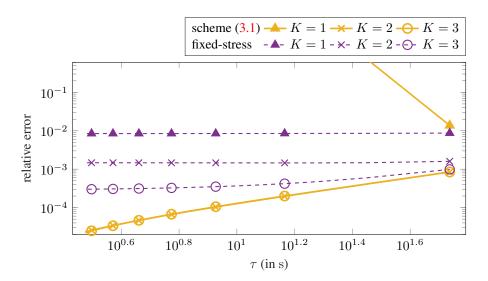


FIG. 5.4. Relative error of the proposed and the fixed-stress scheme for $T=10 \min$ and varying τ . The reference solution is computed by the implicit Euler scheme with $\tau=1.5 \mathrm{\,s.}$

Linear solvers. In the decoupled case, the matrices A and C_{τ} are symmetric and positive definite. Hence, we apply the *preconditioned conjugate gradient method* for both subsystems. For an implicit time discretization, on the other hand, the conjugate gradient method does

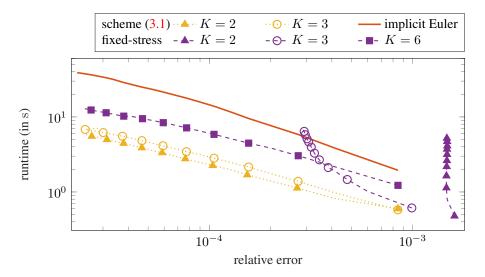


FIG. 5.5. Comparison of runtimes of the fixed-stress, the implicit Euler, and the novel iterative scheme (3.1) for different numbers of inner iterations and $\omega = 2.8$.

not necessarily converge since the full system is not positive definite. We can, however, still exploit the symmetric structure of the system by using *MinRes*.

For the proposed scheme, it can be seen from the proof of Theorem 4.4 that the main importance of the first K-1 steps is only to improve the consistency of the variables p and u with regards to the first equation. Hence, no high accuracy is required at this point, and one can perform these steps in an inexact manner. Indeed, it can be observed experimentally that already a few iterations of the linear solver (or even only preconditioner steps) are sufficient.

Runtime comparison. We conclude this section with a runtime comparison of the fixed-stress, the implicit Euler, and the newly proposed scheme (3.1). For this, we use the example from Section 5.2 and vary the Biot modulus M, leading to problems with $\omega=2.8$ (the original setting) as well as $\omega=10$ and $\omega=100$. All calculations were run on two Xeon E5-2630 processors (together having 16 cores of 2.4 GHz). The corresponding results are displayed in Figure 5.5. Therein, one can clearly see the linear dependence between runtime and error as long as the considered schemes converge. As already observed in the previous section, the fixed-stress scheme only shows a linear rate as long as the number of inner iterations K is sufficiently large. Moreover, the fully implicit scheme has much larger runtimes than the novel iterative approach. This even holds true for larger ω ; see Figure 5.6. For $\omega=100$, however, the advantages of the proposed scheme compared to the fixed-stress scheme get lost.

6. Conclusions. In this work, we have introduced a novel time-stepping scheme for linear poroelasticity which decouples the elastic and the flow equation. For this, we combine ideas from classical iterative and non-iterative semi-explicit schemes. We have proven first-order convergence with an a priori bound for the number of inner iterations depending only on the coupling parameter ω . This allows the application to a larger class of materials (in contrast to the semi-explicit Euler scheme [2]) without the need of further stabilization parameters (in contrast to iterative schemes). Numerical experiments further show the competitiveness of the proposed scheme, especially for moderate coupling parameters ω as they appear, e.g., in geomechanical applications.

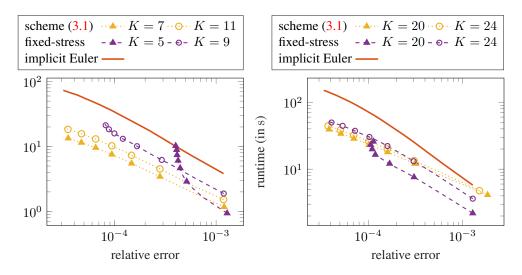


FIG. 5.6. Comparison of runtimes of the three schemes for different numbers of inner iterations and $\omega = 10$ (left) and $\omega = 100$ (right).

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